# COFTON PRIMARY MENU

WEEK 1

06/01, 27/01, 24/02, 17/03, 07/04

WEEK 2
13/01, 03/02, 03/03, 24/03

WEEK 3
20/01, 10/02, 10/03, 31/03

Allergen Information: Menu descriptions may not list every individual ingredient. We are aware of the presence of allergens requiring labelling, so please ask a member of the catering team should you require any more details. Vegetarian options are indicated by the symbol (V).

# MONDAY

Pork Sausages, in Onion Gravy

Vegetable Spring Rolls (V)

Creamy Mash, Peas, Oriental Noodles & Vegetables, Salad Cart

1/2 Waffle with Toffee Sauce Fresh Fruit & Yoghurt

#### DAY THURSDAY

Pasta Bolognese or Sea Stars with Lemon & Tartare Sauce,

Mediterranean Tomato & Basil Ragu (V)

Diced Potatoes, Broccoli, Baked Beans, Salad Cart

Chocolate Chip Cookie Fresh Fruit & Yoghurt

#### **MONDAY**

All Dav Brunch

(Bacon, Sausage, Omelette, Hash Brown)

or Fish Fingers with Lemon & Tartare Sauce

All Day Veggie Brunch (Veggie Sausage, Omelette, Hash Brown) (V)

Sauté Potatoes, Baked Beans, Sweetcorn, Salad Cart

Raspberry & Vanilla Ice Cream Cake Fresh Fruit & Yoghurt

#### THURSDAY

Chicken Fajitas or Beef Burger Bun

Vegetable Samosa & Curry Sauce (V)

Steamed Rice, Naan Bread, Herby Diced Potatoes, Sweetcorn, Baked Beans, Salad Cart

Apple Crumble with Custard Fresh Fruit & Yoghurt

#### MONDAY

Mild Beef Chilli or Fish Fingers with Lemon & Tartare Sauce

5 Bean Chilli (V)

Steamed Rice, Sauté Potatoes, Baked Beans, Broccoli, Salad Cart

Ice Cream
Fresh Fruit & Yoghurt

### **THURSDAY**

Mexican Chicken & Vegetables, in a Warm Floured Mini Tortilla or Battered Fish with Lemon & Tartare Souce

Vegetable Tikka Curry (V)

Spicy Potato Wedges, Steamed Rice, Naan Bread, Sweetcorn, Baked Beans, Salad Cart

> Hedgehogs Fresh Fruit & Yoghurt

#### **TUESDAY**

Chicken Korma

Mac N Cheese (V)

Boiled Rice, Naan Bread/ Garlic Bread, Peas & Sweetcorn, Salad Cart

Chocolate Cake & Custard Fresh Fruit & Yoghurt

# FRIDAY

BBQ Chicken & Sweetcorn Pizza

Halal Chicken Nuggets

Homemade Margherita Pizza (V)

Chipped Potatoes, Baked Beans, Peas, Sauces, Salad Cart

> **Strawberry Mousse** Fresh Fruit & Yoghurt

#### **TUESDAY**

Beef Lasagne

Vegetable Lasagne or Vegetable Burger Bun (V)

Potato Wedges, Peas, Broccoli, Garlic Bread, Salad Cart

Iced Sprinkle Sponge Fresh Fruit & Yoghurt

Homemade Moroccan Spiced Beef & Sweet Pepper Pizza

Halal Chicken Nuggets

**FRIDAY** 

Homemade Margherita Pizza (V)

Chipped Potatoes, Baked Beans, Peas, Sauces, Salad Cart

> Mini Muffin Fresh Fruit & Yoghurt

#### TUESDAY

Chicken & Broccoli Pasta Bake

Vegetable Pasta Bake or Vegetable Sausage Hot Dog (V)

Diced Potatoes, Garlic Bread, Peppers & Sweetcorn, Salad Cart

Lemon Drizzle Cake & Custard Sauce Fresh Fruit & Yoghurt

## FRIDAY

Traditional Pepperoni Pizza

Halal Chicken Nuggets

Homemade Margherita Pizza (V)

Chipped Potatoes, Baked Beans, Peas, Sauces, Salad Cart

> Chocolate Chip Cookie Fresh Fruit & Yoghurt

#### WEDNESDAY

Roast Beef,

Yorkshire Pudding & a Rich Gravy Sauce

Cheese, Chive & Potato Pie (V)

Roast Potatoes, Carrots, Green Beans, Baked Beans, Salad Cart

Ice Lolly Fresh Fruit & Yoghurt



#### WEDNESDAY

Roast Chicken.

Sage & Onion Seasoning & a Rich Gravy Sauce

Vegetarian Sausage Toad in the Hole (V)

Roasted New Potatoes, Cauliflower, Carrots & Green Beans, Salad Cart

American Pancakes with Strawberry Drizzle Fresh Fruit & Yoghurt



#### WEDNESDAY

Roast Turkey, Sage & Onion Seasoning & a Rich Gravy Sauce

Herb Roasted Quorn (V)

Minted New Potatoes, Carrots & Peas, Salad Cart

Strawberry Jelly & Fruit Fresh Fruit & Yoghurt

#### AVAILABLE DAILY

Fresh Bread

Jacket Potatoes with Cheese, Beans or Tuna

> Sandwiches / Wraps / Baguettes

> > **COOMBS**